

The 100 MILE HOUSE & SOUTH CARIBOO

V I S I T O R G U I D E

explore experience enjoy

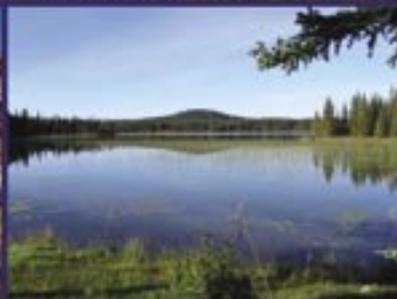


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photo by "Chris Harris"



Explore.....Our scenic, natural landscapes;
 Experience.....Our fresh air and clear lakes;
 Enjoy.....Our friendly, relaxed lifestyles.

Let us entice you with the new 2005-2006 Visitor Guide, its outdoor recreation images and ideas for things to do. The guide exposes our four seasons as the "Destination of Choice" for the whole family. Valued is the diversity of activities and accommodations, treasured is our Aboriginal and Gold Rush History. Proudly we have been designated as the "Hand Crafted Log Home Capital of North America".

Whether you are looking for a place to explore for an afternoon, mapping out an itinerary for your vacation or deciding to make 100 Mile House and area your next home, the guide will offer a vast array of community connections and holiday activity options. Good fortune would have it that you are here on business, pleasure, visiting friends and relatives, so we hope you will take time to stop at the Visitor Info Centre, conveniently located on the west side of Highway 97, right on the 100 Mile Marsh, in 100 Mile House. Our staff is very knowledgeable and happy to match your needs to tourism products and services, so that your visit with us will be filled with cherished, lasting memories.

Darrel Warman & Birgit Bienek

SEE www.SouthCaribooTourism.com
 info@SouthCaribooTourism.com



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Willkommen
Velkommen
Bienvenue

Welcome
Welkom
vitejte

to the South Cariboo!

You will be delighted with what you discover, whether it's your first visit or your second home. The South Cariboo is a region of variety and change. We are pleased to share our great fortune in living here. If you love fresh air and room to breathe, come holiday in the South Cariboo and choose your own experience in outdoor fun and country living at its best.

Our diverse landscapes are always changing in colour and mood, offering endless opportunities to relax and explore. Do you prefer the architecture

of forests or the open swales of grassland and meadow? Explore both - from mountain peaks to valley lakes, the natural surroundings provide sweeping viewscapes or secluded hideaways for your personal or family retreat. Be prepared to spot wildlife - naturalists will find the flora and fauna enthralling throughout the year. Different ecosystems (and sometimes our doorsteps) shelter a wide variety of species. It is not uncommon to see deer, moose, and black bear; more rarely, you may glimpse a cougar, lynx, bobcat, or wolf. Look overhead at soaring eagles, listen to the lullaby of the loon, marvel at the brilliance of a bluebird, and keep your camera ready.

From nature appreciation to cultural events to extreme sports, a wide array of activities can be enjoyed by all ages and tastes. Not only a preferred destination for many freshwater anglers, the South Cariboo also offers top quality cowboy holidays, nature tours, and motorized adventures. Discover our treasures on foot, by horseback, by mountain bike, or by all terrain vehicle. Remember to bring your swimsuit, since you will no doubt visit one of our many lakes. Most are best visited by canoe or kayak, but many larger lakes are perfect for your



personal watercraft or power boat. If you want to experience the magic of winter, the South Cariboo has fantastic conditions whether you snowshoe, ski cross-country or downhill, snowmobile, or dogsled. Of course, you can always join us ice-fishing or skating on a local pond! While you are here, visit a historical site, natural wonder, remote camping spot, or point of fantastic view - or, if you have time to spare, all of the above.

After a fun day of activity, you can expect to find food and bed to suit your taste or comfort level. Tired of the city's frenzied pace, noise and impersonality? Looking for some country R & R, where you can nestle into a log cabin pondering the flames of the fireplace, or drink fresh-brewed coffee on your front deck looking out over picture-perfect scenery? From rustic cabins to luxury resorts, you have your choice.

Whether you desire to return home with a full recollection of adventures or prefer to sit back admiring a lake-side view, the South Cariboo has some

deep valley of the great Fraser River to the west. From the Thompson River valley, the plateau stretches out far to the north. Most South Cariboo communities are found within the Bridge Creek, Bonaparte and San José watersheds. In fact, 100 Mile House was originally named Bridge Creek. Many local community names have interesting origins from the early pioneer days.

Homesteads and settlements emerged along the Gold Rush Trail. Construction of the Cariboo Waggon Road in the early 1860s prompted the building of stopping houses along its length. Early visitors recognized the South Cariboo as a land of potential. From open grasslands to timbered highlands, crisscrossed and spotted with the most valuable resource of all - water. Supply posts and stopping houses sprung up to support the growing number of travellers to the goldfields just north. Even now, goldpanning is a hobby and past-time, yielding small amounts of pay dirt, gems and other geological curiosities. By

employs 30 percent of the workforce, and supports an internationally-recognized, handcrafted log home construction industry. Practiced by early pioneers and carried on into the present-day, ranching and agriculture have become a tradition in this region. As you explore this country by horseback, don't be surprised if you see cowboys rounding up their herds and strays. However, you may consider yourself lucky to catch a glimpse of wild horses that venture through from time to time. Many local ranches and farms produce organic vegetables and meat that can be bought at one of the Farmers' Markets in different communities. As well, there is the opportunity to see and visit non-traditional livestock such as sheep, buffalo, llamas, miniature horses, alpacas, or emus.



of the best facilities in the province. A medley of holiday experiences await, but be aware - you may just have to return for a week or for a lifetime.

Delighted to meet you

We are blessed with diversity here in the South Cariboo. The variety of natural settings is a result of the geological history. This region, once covered by glaciers, is located on the rolling Fraser Plateau between the heights of the Shuswap Highlands in the east and the

1865, transportation through the South Cariboo was improved by stagelines plying the new route. Even then, passers-through returned to make the South Cariboo a permanent home. Alongside the indigenous people, early pioneers made a living from plentiful natural resources, products and services they traded and provided to travellers.

As in the past, our main industries include forestry, tourism, and agriculture. One look at our surroundings lets you know that forestry plays a large part in our local economy. In fact, forestry

Our friends and neighbours come from a variety of backgrounds, but we all share a common trait of friendliness. We have a history of accommodating travellers to our area, and the tradition continues until this day. Our beautiful natural landscapes cannot help but attract visitors for not only the one-of-a-kind vistas and atmosphere, but also the incredible array of recreational opportunities throughout the whole year.

Written by Demian Pettman

Clinton to Lac La Hache

Before the Cariboo and Barkerville became famous for its gold, only a handful of ranchers settled in the area. The first cattle arrived in the Canim Lake area in the 1820's.

In 1858 when the discovery of gold on the Fraser attracted many miners, the Fraser was followed its length by foot and pack animals. The first route passed our area at Dog Creek. After the discovery of a rich goldfield in Barkerville, hundreds of additional prospec-

and Harrison Lake, up to Lillooet, and on over Pavilion Mountain to the Cariboo and Barkerville. Lillooet was Mile 0 and from there each roadhouse established was called a Mile House: 59 Mile House, 70 Mile House, 83 Mile House, 100 Mile House, 108 Mile House, 114 Mile House to 150 Mile House. These are original mile houses which have retained their names to this day.

About the same time, in 1863, another waggon road was built to join up the



BX Stage Cariboo Waggon Road near 100 Mile House

Yale as mile 0. From Clinton up the road the mile houses retained their names from Lillooet.

In 100 Mile the first cattle was driven in 1859 by Joe Palmer, followed in 1861 by the Jeffries brothers. Although it was Thomas Miller who first preempted the land on which in 1861 the first guest house was built, the Bridge Creek House was at the time better



108 Mile Road House (1870), Time of the rumoured Agnes MacVee murders.

tors reached the Cariboo in 1862. A short route suitable for waggons in and out of the goldfields was needed. So a route was found via Harrison River

Cariboo. This time to pass through Cache Creek, up from the Fraser and Thompson Rivers from Yale. Other road houses were built and the mile counted from





Greenley Trappers Cabin

known as "Jeffries store". The earliest advertisement was published in a "list of roadhouse accommodations for travellers" in Victoria's *Colonist* of 21 February 1862.

A lot of stories and mysteries entwined around these stations from Polard's Cornish Ranch in Clinton to James Griffin's 150 Mile House. Well known is the murder mystery of the 108 Hotel, where Agnus MacVee, her hus-

band and her son in law were rumoured to have murdered at least 58 miners between 1875 and 1885.

In 1905 Benjamin Howard McNeil constructed the family home at 105 Mile. The home, later needing to be moved for highway construction, was kindly donated by the family and restored on the present site at the 108 Ranch. This Heritage Site is situated on land donated to the society by Block Brothers Industries.

Lone Butte was once the Cariboo's largest town and much bigger than 100 Mile House. With the Lone Butte Hotel,

stores, hospital, school, Post Office, mills and stockyards, it was the hub of the South Cariboo. The rail line played a big part in this. The community's wooden water tower is one of the last existing structures of its kind in BC. The tower was built in 1920 to serve the steam locomotives of the Pacific Great Eastern Railway.

One of the last remaining buildings in Lac La Hache is the historical Felker Homestead from 1884 at 118 Mile. The family graveyard, a part of the ranch, is nearby.

by Beat D'Aujourd'hui



100 Mile House Store



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100 Mile House

Home to the 1986 Expo Legacy community project ... the World's Largest Cross Country Skis. These impressive skis and poles tower over 36 feet high and weigh over 1500 pounds. In 1987, our community was honoured to dedicate them to Rick Hansen on his historic "Man In Motion World Tour".

100 Mile House is the pulse of the South Cariboo for business and commerce and the approximately 20,000 "South Cariboosters". An enthusiastic downtown core offers quaint charm and all the conveniences to meet your shopping needs and desires. Now that you have worked up an appetite and want a meal on the run or an evening of fine dining to please your palate... blessed are we with a wide array of International Cuisine and downhome family cooking.

■ Unique to light aircraft pilots is our 100 Mile Airstrip at an elevation of 3051 feet. Conveniently landing within a block of the downtown core, you and your passengers can stroll a short ways for a selection of accommodations and restaurants. Rental vehicles can be arranged and the members of the local flying club are accessible through the staff at the Visitor Info Centre right beside the strip for your fueling needs.

■ Our hidden jewel, Centennial Park, is just a short two blocks east of Highway 97. A great place for families to let the kids run and have a picnic. A well groomed creek-side trail to Bridge Creek Waterfalls makes accessibility a refreshing treat for the physically challenged and wheelchairs. Parking suited to large RVs May thru October.

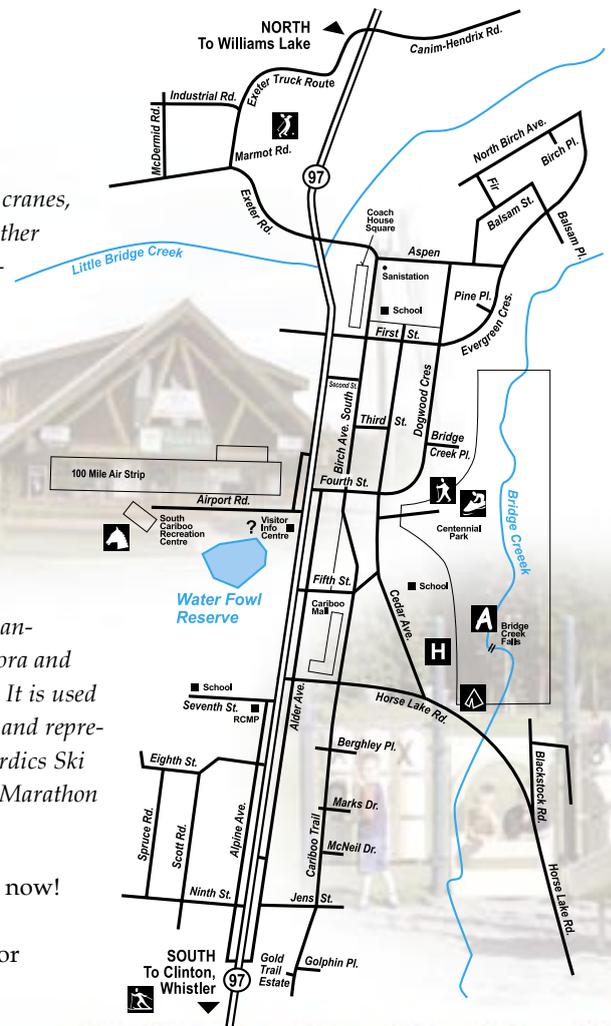
■ The Visitor Info Centre is blessed to reside on the eight hectare 100 Mile Marsh and Ducks Unlimited Wildlife Sanctuary. The meandering perimeter trail entices world wide birding interests and South Cariboo birding check lists are available in the office.

■ A great wilderness experience is awaiting you an hour west of 100 Mile House. Plan your 1-2 day canoe trip through 12 back country lakes in Moose Valley Provincial Park. Photo opportunities abound

including bear, moose, sandhill cranes, bald eagles, beaver, and many other water fowl. 4x4 access is recommended and the very basics of camping are offered.

■ The community Demonstration Forest road access is 1.6 km south of town. This recreational trail system provides interpretive signage about our logging history and practices, use of recreational lands, wildlife management practices along with flora and fauna unique to our geography. It is used by hikers, bikers, snowmobilers and represents home for the 100 Mile Nordics Ski Club. The ever famous Cariboo Marathon takes place here.

Start planning your vacation now!
Call 1-877-511-5353 or visit
SouthCaribooTourism.com for more information.



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108 Mile Ranch

The 108 Mile Ranch, which is situated 15 km north of 100 Mile House was once a cattle ranch and is now an independent community. It offers a variety of recreational activities for all seasons. The two lakes on the ranch have day beaches for summer fun and a 9.2 km perimeter trail that connects with the area's 150 kilometre trail network.

■ The South Cariboo Airport runs parallel to Highway 97 at an elevation of 3127 feet with a lit runway 4877 feet long. Suitable to multi-engine aircraft and conveniently located within walking distance to golf, various accommodations, activities and spa.

■ The 108 Heritage Site and Museum, located at the north entrance to the 108 Mile Ranch



community on Highway 97, is open from May to September. The site consists of buildings original to the site and built between 1863 and 1915. A section of the original Cariboo Waggon Road passes through the site. The large Clydesdale Barn, built in 1908, still stands where the prospectors once unhitched and stabled their horses for the night. It is a wonderful site for a picnic.

■ Spring, summer, and fall the well signed multi-purpose trails offer opportunity for easy walking or a challenge for the most experienced hikers. During the winter they transform into some of the world's finest cross-country ski trails.

■ Numerous quality accommodations, a shopping centre, and gas station offer visitors many products and services.

Plan a winter vacation around the Jack Gawthorn Memorial Dog Sled Races, the Cariboo Marathon or during the summer participate in the Canada Day Celebrations and learn more of our local history with a guided tour at the 108 Heritage Site.



Lac La Hache

The "Longest Town in the Cariboo" provides most services, a selection of lake-side resorts, B&Bs, and motels. Eateries provide international cuisine and home cooked meals in unique settings.

■ *Lac La Hache Provincial Park offers a convenient opportunity for camping or swimming at the day beach.*

■ *Lac La Hache residents boast that their lake produces trout weighing up to 30 pounds. The kokanee in this lake average 1 to 1.5 pounds.*

■ *The lakeshore has beautiful segments suitable for recreational activity in and out of the water. Water sports include swimming, boating, and jetskiing.*

■ *The Mt. Timothy Ski Area with a new three-seat chair lift provides downhill skiing for all levels of skiers. Accommodations available close by.*

See www.skitimothy.com for current conditions and events.

Snowphone 1-877-392-1446



In the Heart of the Cariboo



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skitimothy@bcinternet.net
www.skitimothy.com



Canim Lake

Thirty eight kilometres north-east of 100 Mile House, the Canim Lake area attracts visitors all year round. During the summer months conditions on and around the lake are usually excellent for fishing, hiking, and water sports including water skiing, parasailing, and jet boat touring. The winter season offers visitors a wonderland ideal for snowmobiling, dogsledding, back country Nordic skiing, snowshoeing, ice fishing, and skating.

■ *37 km long Canim Lake offers excellent family fishing for kokanee and rainbow trout. From rustic to deluxe, the resorts offer cabins that suit your needs. Full service RV sites and camping are also available. Guided boat and float plane tours provide unique opportunities.*

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■ *Ruth Lake with its warm waters is wellsuited to water sports. Howard, Boomerang, and Pendleton lakes provide back country camping.*

■ *Come and taste and smell garlic in a variety of forms at the annual August Garlic Festival. How often can you taste garlic ice cream?*

■ *Take a half day to drive the circle tour to Canim and Mahood Falls. Walk the well groomed trail or experience a refreshing hike to the bottom of the falls.*



70 Mile House

The quaint business community of 70 Mile House is the starting point for the Green Lake and Watch Lake Circle Tour.

■ *Green Lake was given its name because of its crystal clear brilliant green water. Its surroundings are ideal for a family vacation: two seasonal day beaches, three provincial park campgrounds, restaurants, full service*

resorts, B&Bs, lakeside cabins and historic guest ranches.

■ *Green Lake is an all season destination ever popular in the winter for ice fishing, snowmobiling, and back country snowshoeing.*

■ *Watch Lake is a popular spot for great fishing! Birdwatchers will enjoy seeing golden eagles, ospreys, loons and a variety of ducks.*

The Interlakes Area/Hwy 24

The "Fishing Highway", Highway 24, connects Highway 97 to Highway 5. This route is a scenic drive, which takes you through the Interlakes community area where you will find resorts, B&Bs, and guest ranches operated by friendly hosts. A lake a day for your lifetime... that is what the true fly fishers say! Troll the larger lakes, row or belly boat for the challenge or sheer pleasure.

■ *Fawn Lake is a small pristine lake. Its crystal clear green water, rich with trout, is ideal for fly fishing because it has extensive shallow areas.*

■ *Bridge Lake offers the most diverse fishing opportunities. This lake has consistently produced kokanee over 4 pounds and rainbow trout over 5 pounds.*

■ *Sheridan Lake is the largest lake in the Interlakes area. Although large in surface area, it has a relatively shallow average depth of 23 feet, which makes the lake very productive. Rainbow trout can grow up to 13 pounds here. The most detailed and signed trail system for ATVs and snowmobiles exists here.*

explore experience enjoy **i**

Looking for natural wonders? The South Cariboo offers many dramatic vistas for your discovery. Check out the Painted Chasm, Crater Lake, Mount Begbie, the Marbles, or one of several waterfalls: Canim, Mahood, Deception, and Hendrix.

■ *Lac Des Roches, located at the east end of the "Fishing Highway", is one of the most photographed lakes in BC. This crystal clear lake supports good populations of burbot and rainbow trout averaging 2 pounds.*

■ *The Interlakes community area is host to BCRA and an amateur rodeo, a fall fair, fishing derbies both summer and winter.*

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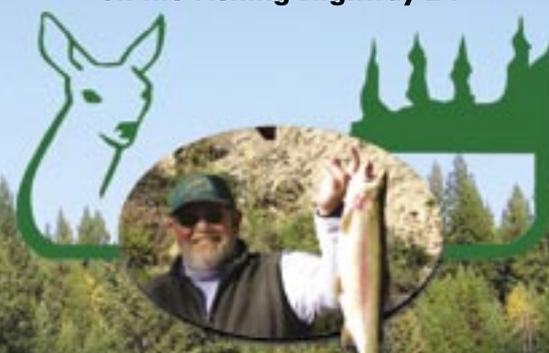
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■ The Clinton Museum was originally constructed as a schoolhouse in 1892 and later used as a courthouse. It features Chinese and Native displays.

■ In May Clinton stages its famous Annual Ball, the oldest such event in Canada. Following the Ball is the Clinton Rodeo and Parade.

■ Over 60 kilometres of marked cross-country ski trails are excellent also for hiking or horseback riding during summer months.

Clinton

Clinton, founded in the 1860's as a roadhouse at the junction of the original Gold Rush Trail from Lillooet and the Cariboo Waggon Road from Yale, was called 47 Mile (47 miles from Lillooet). In 1863 it was renamed by Queen Victoria in honour of the Colonial Secretary, Lord Henry Clinton.

Ranching became Clinton's main industry after the gold rush. In the 1950's it was surpassed by forestry. Well worth stopping to stroll the unique shops, antique stores, Reg Conn Park and the historical churches of the town.

■ Guest ranches throughout Clinton's rural surroundings offer visitors a chance to experience a working cattle ranch or enjoy a trail ride.



explore experience enjoy **i**

Of interest to a unique few, the historical cemetery at the north end of town confirms the Gold Rush and pioneering history of the area.



VISIT THE CLINTON MUSEUM

....in historical Clinton, the Gateway to the Cariboo. Stop to visit our stable that was constructed in 1911. See the artifacts of long ago.

Open 7 days a week from May to Oct. 15.

Email: clintonmuseum@telus.net
Phone 250-459-2442.

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explore experience enjoy **i**

Historic Clinton is the Gateway to the Cariboo. Saunter back in time and attend the Clinton Ball - ongoing since 1868. Not only is the Clinton Ball the longest running annual event of its kind in Canada, but the celebration "goes on 'til the sun comes up".



RESORTS & CAMPGROUNDS

	season	waterfront	# cabins	cabin rates	RV season	# RV sites	full hook-up	RV site rates	shower house	sani dump	laundry facilities	pets welcome rates	E-Engl; G-Ger; F-Fren; S-Span; I-Ital; D-Dutch	special features activities & more
100 Mile House Municipal Campground 1 km east of Hwy 97 on Horse Lake Rd, 100 Mile House (250) 395-5353					May Oct	11		\$12				✓	E	Shaded sites, dry toilets, central water tap; walking distance to all amenities; hiking trails.
Ace High Resort www.acehighresort.com 8260 Ace High Rd, Watch Lake (250) 456-7518	all year	✓	11	\$52-72	Apr Oct	27		\$20-25	✓	✓	✓	✓	E	Store, playground, swim slide, boat rentals.
Canim Lake Resort & Guide Outfitters www.canim.com 4454 Newall Rd, S. Canim Lake (250) 397-2355, 1-877-512-6660	all year	✓	4	\$90-228	all year	25	✓	\$20-32	✓	✓	✓	✓	E, G	Nice family resort; log cabins, outside hot tub; licensed lodge, meals; many outdoor activities.
Cariboo Bonanza Resort www.caribooBonanza.com Watson Rd, Horse Lake (250) 395-3766	May-Oct	✓	12	\$55-140	May Oct	50	✓	\$17-23	✓	✓	✓	✓	E, G	Archery course; cable TV in cabins and at RV sites; new marina, moorage; excellent fishing.
Cariboo Mountain Ranch & Resort www.cmrrs.com 6679 Horse Lake Rd, Horse Lake (250) 395-7784, 1-800-509-5577	all year	✓	6	\$115-344							✓		E, G, F, I	Luxury cabins on priv. peninsula; boat launch & mooring; canoes; lots of summer & winter activities.
Cottonwood Bay Resort www.cottonwood-bay-resort.com 8183 Cottonwood Bay Rd, Bridge Lake (250) 593-2345	May-Oct	✓	4	\$49-59	May Oct	35	✓	\$19.5-25	✓	✓	✓	✓	E, G	Cabins right on the water; heated shower house. Internet Access.
Crystal Springs Resort www.crystalspringsresort.net 3504 Crystal Springs Rd, Lac La Hache (250) 396-4497, 1-888-396-4497	all year	✓	3	\$100	Apr Oct	57	✓	\$15-21	✓	✓	✓	✓	E, G	Deluxe lakefront chalets; boat rentals, boat ramp, playground, fishing, swimming, reunions.
Fawn Lake Resort www.fawnlakeresort.com 6850 Fawn Lake Acc. Rd, Lone Butte Area (250) 593-4654, 1-866-311-FISH	May-Oct Xmas	✓	6	\$65-165	May Oct	30		\$20-23	✓	✓	✓	✓	E, G	Excellent fishing & bird watching; lake shore log cabins, spacious RV sites; quiet setting (E-motors only).
Hathaway Lake Resort www.hathawaylakeresort.com 5883 Mahood Lake Rd, Interlakes (250) 593-2236, 1-800-661-9144	all year	✓	7	\$50-65	Apr Oct	16		\$20+	✓	✓	✓	✓	E	Great fishing, 2-5 lbs; volley ball, playground, horse shoes; also B&B. Horse back riding nearby.
Little Horse Lodge www.littlehorselodge.com 6143 N. Green Lake Rd, 70 Mile House (250) 456-7524	Dec-Oct		5	\$45-75	May Oct	3		\$18	✓		✓	✓	E, G	Restaurant, convenience store, LQ agency, gas, propane; B&B guest rooms; grassy camp area.
Loon Bay Resort www.loonbayresort.com 7250 Texas Rd, Sheridan Lake (250) 593-4431	all year	✓	6	\$60-120	May Oct	45	✓	\$22-26	✓	✓	✓	✓	E, G, F	Park like 23ac, spacious RV sites, treed tent sites, log cabins; boat/canoe rentals, playground.
Marten's Resort martensresort@bcinternet.net 5712 Timothy Lake Rd, Lac La Hache (250) 396-4427	all year	✓	9	\$60-140		18	✓	\$25	✓	✓	✓	✓	E	Sand volleyball, horse shoe pits; boats, canoes, playground; close to Mt. Timothy ski area.
Moondance Bay Resort www.moondancebay.com 7237 Johnstone Rd, Bridge Lake (250) 593-2244	all year	✓	6	\$100-136	May Oct	22		\$25-27	✓	✓	✓	✓	E	Family oriented; convenience store; boat rentals, boat launch.
Northwood Lodge & Resort www.northwoodlodge.com 5538 Northwood Rd, Timothy Lake (250) 396-7311	all year	✓	14	\$45-125	May Oct	30	✓	\$15-22	✓		✓	✓	E	Swimming, water skiing, fishing, ATVing, snowmobiling; large group facility.
Ponderosa Resort www.ponderosaresort.com 7408 S. Canim Lake Rd, Canim Lake (250) 397-2243	all year	✓	3	\$95-120	May Oct	25	✓	\$25-30	✓	✓	✓	inquire	E, G	3star Canada Select accommodation; 8 condos; modern units; parklike; ideal for family reunions.
Rainbow Resort www.rainbowresort.ca 4165 Rainbow Rd, Canim-Hendrix Lake N. (250) 397-2422	May-Oct	✓	11	\$350-800 week	May Oct	12	✓	\$19	✓	✓	✓	✓	E	Lakeshore, 1-3 bedroom housekeeping cabins; boat rentals, playground; gas, store, laundry facilities.
Ten-ee-ah Lodge www.ten-ee-ah.bc.ca 1799 Spout Lake Rd, Lac La Hache (250) 395-0870	May-Oct	✓	8	\$130-150	May Oct	10		\$27	✓	✓		✓	E, G, F	Rates incl. b/f, dinner, canoe & mtn bike; only property on Spout Lk; deluxe log cabins, fine dining.

VILLAGE OF CLINTON

"Gateway to the Cariboo"

Come experience rural life in our historic community

Village of Clinton



Phone: (250) 459-2261

Fax: (250) 459-2227

E-Mail: admin@village.clinton.bc.ca

Web Site: www.village.clinton.bc.ca



108 Mile House Heritage Site



- ◆ Gold Rush and Pioneer History
- ◆ Beautiful Lakeside Picnic Grounds
- ◆ Open May-Sept with Guided Tours
- ◆ Great Outdoor Special Events Venue
- ◆ Weddings, Reunions, Outdoor Markets, Smaller Concerts

For information call (250)791-1971 or (250)791-5288



RESTAURANTS

	season	hours of operation	licensed	children's menu	nonsmoking	B-breakfast; L-lunch; D-dinner	private functions	P-patio; L-lakeside	T-takeout; C-catering	reservations recommended	average meal cost	E-Engl; G-Ger; F-Fren; S-Span; I-Ital; D-Dutch	highlights & menu description
Clubhouse Restaurant & Lounge www.108resort.com 4816 Telqua Drive, 108 Mile Ranch (250) 791-5211, 1-800-667-5233		7am-close	✓	✓	✓	B, L, D	✓	L, P	T, C	✓	\$15		Fine dining overlooking our 18 hole PGA golf course.
Cariboo Lodge www.cariboolodgebc.com 1414 Cariboo Hwy, Clinton (250) 459-7992	all year	8am - 9pm	✓	✓	✓	B, L, D	✓	P		✓	\$12	E	Cariboo style cuisine in our main lodge / log building.
Happy Landing Restaurant www.dininginbc.com 725 Alder Ave, 100 Mile House (250) 395-5359	all year	M - Sat 11:30-2, 5-9	✓	✓	✓	L, D	✓			✓	\$12	E, G	Swiss fine dining; fresh salmon, tenderloin & New York steak, schnitzel.
Iron Horse Pub & Eatery 6046 Hwy 24, Downtown Lone Butte (250) 395-2626	all year	11am - 1am	✓	✓	✓	B, L, D	✓	P	T	✓	\$10	E	Unique log structure; great atmosphere & food; snowmobiles/ATVs/horseback
Little Horse Lodge www.littlehorselodge.com 6143 N. Green Lake Rd, 70 Mile House (250) 456-7524	Dec-Oct	HS 9 - 9	✓	✓	✓	B, L, D	✓	P	T, C	✓	\$8	E, G	Canadian and German cuisine; bakery, convenience store, LQ agent, gas, rooms.
Red Coach Inn Restaurant (250) 395-8829 170 N. Hwy 97, 100 Mile House www.bcadventure.com/redcoachinn	all year	7am - 10pm	✓	✓	✓	B, L, D	✓		T, C		\$12	E	Relaxed dining experience; lounge, full banquet facilities, rooms.
Shield's Gold Dust Cafe 231 S. Birch Ave, 100 Mile House (250) 395-3245	all year	M - Sat 6am-9pm	✓	✓	✓	B, L, D	✓		T			E	Home made food; generous portions, reasonably priced; a tradition since 1967.
The Hoof & Harness Restaurant 4671 Kitwanga Dr, 108 Mile Ranch (250) 791-5700	all year	11am - 10pm	✓	✓	✓	L, D	✓	L, P	T, C	✓	\$15	E	Local produce & game, live seafood tank; hip, fun atmosphere; lounge & art
Ten-ee-ah Lodge www.ten-ee-ah.bc.ca 1799 Spout Lake Rd, Lac La Hache (250) 395-0870	May-Oct	every day	✓	✓	✓	B, L, D	✓	L, P		✓		E, G, F	Fine dining; European trained chef treats you to a superb international menu.
Trails End Dining Room/Hills Health Ranch Hwy 97, 108 Mile Ranch (250) 791-5225, 1-800-668-2233	all year	8am - 8pm	✓	✓	✓	B, L, D	✓	P	C	✓	\$18	E, G	Great view, great wines, healthy heart; hot rock fondues in the 1871 Lodge.



Red Coach Inn

The Lodge
Conference & Retreat Centre



A Tradition of Hospitality Since 1932
100 Mile House, British Columbia



Red Coach Inn

Toll Free: 1.800.663.8422

Tel: 250.395.2266

Fax: 250.395.2446

redcoachinn@shawcable.com

www.bcadventure.com/redcoachinn

The Lodge

Toll Free: 1.877.663.6602 ext 30

Tel: 250.395.4077 ext 30

Fax: 250.395.2143

ebclodge@bcinternet.net

www.100milelodge.com

Camping

PROVINCIAL PARKS & CAMPGROUNDS

The diversity of our landscape and recognition of such by our governments past and present have made provincial parks available for outdoor recreation, however parks exist to protect habitat and wildlife. Help to protect the beautiful nature of the South Cariboo Provincial Parks by following the camping ethics and regulations. Pick up a copy of the guide at the South Cariboo Visitor Info Centre.

- | | | |
|----------------|-------------------------|-----------------|
| ■ Big Bar Lake | ■ Green Lake | ■ Moose Valley |
| ■ Bridge Lake | ■ Lac La Hache | ■ Painted Chasm |
| ■ Downing | ■ Mahood Lake | ■ Schoolhouse |
| ■ Flat Lakes | ■ Marble Mountain Range | |



USER MAINTAINED FOREST RECREATION SITES

There are dozens of forest recreation sites in the South Cariboo, so if you choose to, you can really enjoy the beauty of untouched nature. Forest recreation sites are no longer maintained by our Ministry and firewood is not supplied.

To retain the high quality of our wilderness experiences, we all must accept responsibility for minimizing our impact. The goal of every wilderness visitor should be to leave no trace, so that others who come after are not aware that anyone was there before them.

"IF YOU PACK IT IN PLEASE PACK IT OUT!"

CRYSTAL SPRINGS RESORT
 Chalets - RV - Tenting
 Boats - Sani-Station
 Showers - Laundry - Store
(250) 396-4497
www.crystalspringsresort.net

Moose Valley Ranch
 Box 31, Eagan Lake Road, Bridge Lake, B.C., V0K 1E0, Canada
 Phone: **(250) 593-2189**
 Email canranch@bcinternet.net
 Web www.moose-valley-ranch.com

NATURAL WONDERS
 of the SOUTH CARIBOO!



Our region has its own unique landforms to amaze and inspire rock hounds, photographers, naturalists and the earth scientists alike. The land is the complex product of continental collisions, sea floor sediment accumulations, deep-seated intrusions, heat/pressure changes, uplifts, and incisive action of glaciers and streams. The whole face of the region was altered when the ice melted about 10,000 to 12,000 years ago. The complex processes, and particularly the glaciations produced hundreds (some say thousands) of various sized lakes.

The region is partially rimmed by mountains, and the volcanic activity has been generous in providing geological curiosities. Both the Begbie Summit and Lone Butte are sites of volcanic necks, probably the product of larger and softer volcano slopes being shaved away by glaciers. Take some time to hike up the roadside trails for a panoramic view.

Even though the South Cariboo is somewhat flat in appearance, a side tour to Chasm Provincial Park offers the marvel of just how massive a glacial meltwater channel can be.

Winding gravel roads lead to the west and the Fraser River ranchlands and Churn Creek Park. A prominent wall of basalt columns is well displayed at Dog Creek. Novice back road travellers and/or RVs should use caution and get current route advice at the Visitor Info Centre as there are few services and no cell phone coverage.

The South Cariboo has some fossils, but is not known for paleontology. The dinosaur age happened here, but left few durable fossil signs. They are somewhat hard to find as they are often buried under the more abundant lava flows.

By **Eric Gunderson,**

Land & Environment Consultant
 North West Environmental Group Ltd.



SOUTH CARIBOO AREA MAP

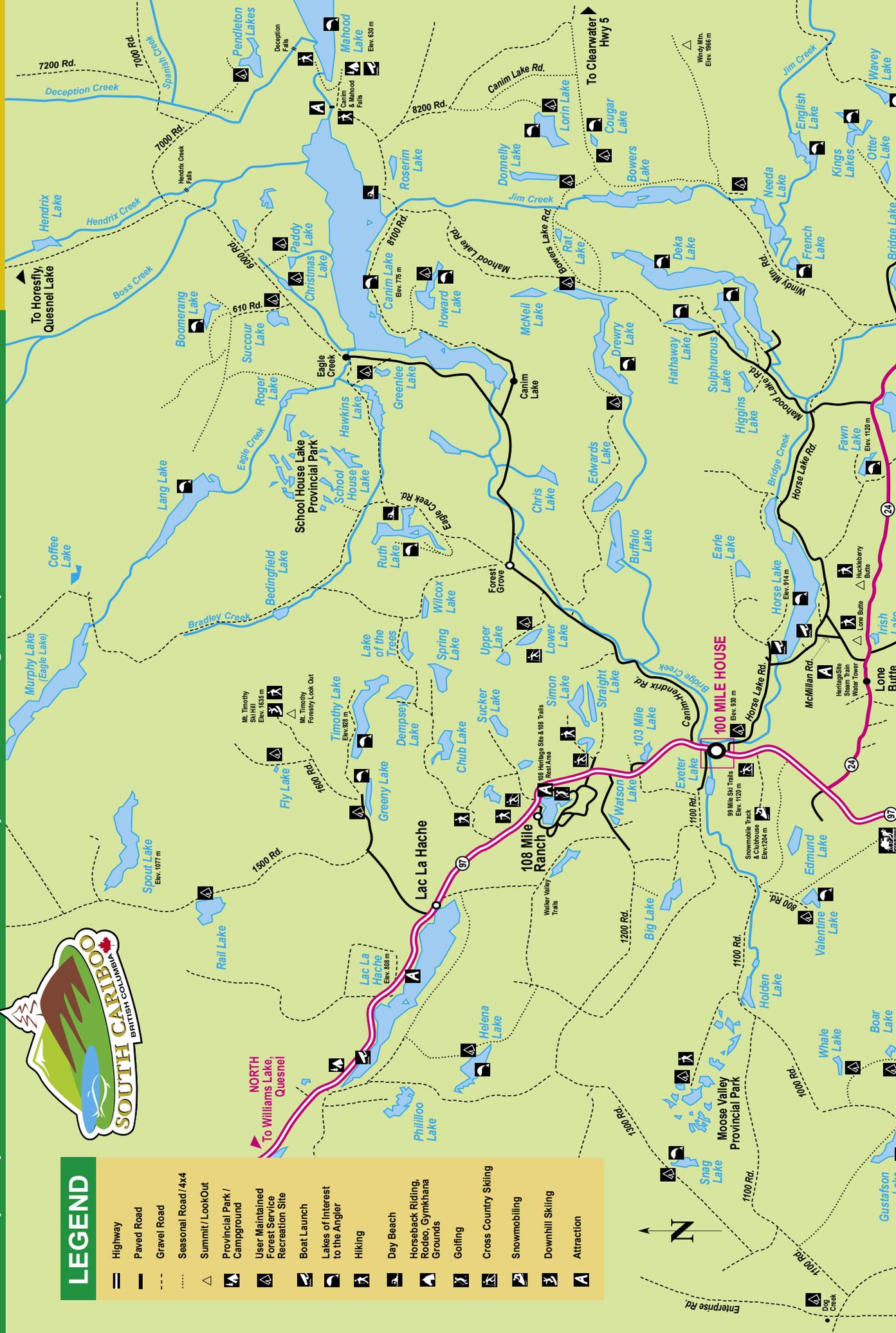
South Cariboo Visitor Info Centre
 422 Hwy 97, Box 340, 700 Mile House, BC, V0K 2E0
 Phone: (250) 395-5353
 Toll Free: 1-877-517-5353
 info@SouthCaribooTourism.com
www.SouthCaribooTourism.com

Area map compliments of the "South Cariboo Cooperative Marketing Group"



LEGEND

- Highway
- Paved Road
- Gravel Road
- Seasonal Road / 4x4
- Summit / LookOut
- Provincial Park / Campground
- User Maintained Forest Service Recreation Site
- Boat Launch
- Lakes of Interest to the Angler
- Hiking
- Day Beach
- Horseback Riding, Rodeo, Gymkhana Grounds
- Golfing
- Cross Country Skiing
- Snowmobiling
- Downhill Skiing
- Attraction



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Calendar of Events



JANUARY

- Jack Gawthorn Memorial Dog Sled Races, 108 Ranch
- South Cariboo Snowmobile Clubs - Snow-a-ramas, venues TBA
- Mt. Timothy special events, Lac La Hache

FEBRUARY

- South Cariboo Snowmobile Clubs' Great Outhouse Caper, venues TBA
- Cariboo Cross-Country Marathon, 99 Mile Ski Trails
- A Cowboy Concert, 100 Mile House
- BC Championships for Cross-Country Skiing, 99 Mile Ski Trails
- South Cariboo Ice Fishing Derbies, various lakes
- Mt. Timothy special events, Lac La Hache

MARCH

- Cariboo Snowboard Championships, 108 Mile Ranch
- Mt. Timothy special events, Lac La Hache
- Ryan Larson Memorial Snowball Tournament, Hwy 24/Interlakes

APRIL

- Festival of the Arts, various venues
- Provincial Gymnastics Tournament, 100 Mile House
- Home & Garden Show, 100 Mile House
- Outdoor Sportsmen Auction & Dinner, Clinton

MAY

- Streetfest and Parade, 100 Mile House
- Little Britches Rodeo, 100 Mile House
- Rough Stock Rodeo, 100 Mile House
- Annual Clinton May Ball, Clinton
- BCRA Rodeo & Parade, Clinton
- South Cariboo Farmers' Market, 100 Mile House

JUNE

- Fishing Derby: Watch & Green lakes, Lac La Hache, Clinton
- South Cariboo Squaredance Jamboree, 100 Mile House & Lac La Hache
- Outdoor Sportsmen's Family Fun Day, Clinton

JULY

- Canada Day Celebrations, 108 Mile Ranch & Clinton
- Gathering of the Dancers Competition Pow Wow, 100 Mile House
- Bridge Lake Stampede, Bridge Lake
- Cariboo Artist Guild Art Show, 100 Mile House
- Back to the 50s Show & Shine, 100 Mile House
- Interlakes BCRA Rodeo, Roe Lake Rodeo Grounds, Hwy 24

AUGUST

- Interlakes BCRA Rodeo, Roe Lake Rodeo Grounds, Hwy 24
- SCA Annual Summer Medieval Festival - Clinton War, Clinton
- South Cariboo Garlic Festival, Forest Grove
- Bridge Lake Fall Fair, Hwy 24/Interlakes
- Country Jamboree, Clinton

SEPTEMBER

- Rotary Fall Fair, 100 Mile House
- Cariboo Country Nights, Watch Lake
- Highland Dance Competition, 100 Mile House
- Toy Run / Show and Shine Charity Ride, 100 Mile House

OCTOBER

- Cowboy Poetry Concert, Clinton

NOVEMBER

- Winter / Christmas Arts & Crafts Fairs, South Cariboo

DECEMBER

- Christmas Concerts, Various Venues

Note:

Please call to confirm dates before planning your vacation around an event.

Cariboo Cabin Fever Crafts
 Location: Watch Lake Rd. 10km N. from Hwy. 24 at Larch Bay
 Open May Long
 Weekend to September
 Thurs - Sat 9:30am - 4:30pm
 (250) 395-5343

If you like kitchen shops, you'll LOVE
Hemingway's
 150 Birch Ave.
 Downtown 100 Mile House
 Tel: (250) 395-6119
 Toll-free 1-866-395-6119

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 Toll Free 1-877-593-4171



HOTELS & MOTELS

	peak season rates	value season rates	kitchenettes	contin. breakfast	restaurant	nonsmoking	P-pool; H-hothtub; L-lakeshore	conference facility capacity	# rooms	pets welcome	E-Engl; G-Ger; F-Fren; S-Span; I-Ital; D-Dutch	special features activities & more	
108 Resort & Conference Centre www.108resort.com 4816 Telqua Drive, 108 Mile Ranch (250) 791-5211, 1-800-667-5233	\$100+	\$80+	✓	✓	✓		P, H, L	250	62	✓	E	Comfort & charm, overlooking all our recreational activities.	
Cariboo Lodge www.cariboolodgebc.com 1414 Cariboo Hwy, Clinton (250) 459-7992	\$90-\$100	\$60-\$90			✓	✓	P		29	✓	E	Pub, restaurant, LQ store; log building in historical Clinton.	
Ramada Ltd. www.ramada.com 917 Alder Ave, 100 Mile House (250)395-2777, 1-877-395-2777	\$71-\$139	\$65-\$119	✓	✓	✓		H		36	inquire	E	Continental breakfast; hot tub & sauna; team/group rates.	
Red Coach Inn www.bcadventure.com/redcoachinn 170 N. Hwy 97, 100 Mile House (250) 395-2266, 1-800-663-8422	\$65-\$97	\$59-\$75			✓	✓	P, H		100	49	✓	E, G	Downtown, high speed Internet, exercise room, gift shop.
Super 8 www.super8.com 989 Alder Ave, 100 Mile House (250) 395-8888, 1-800-800-8000	\$77-\$88	\$69-\$77		✓	✓	✓			28	✓	E	Fridges, microwaves, Internet, in room coffee; quiet.	
Ten-ee-ah Lodge www.ten-ee-ah.bc.ca 1799 Spout Lake Road, Lac La Hache (250) 395-0870	\$130		✓	✓	✓	✓	L		2	✓	E, G, F	Rates incl. breakfast, dinner, canoe & mtn. bike; private bathroom.	



BED & BREAKFASTS

	season	rates (abi. occupancy)	P-private/ensuite; S-shared bath	wheelchair access	family oriented	P-pool; H-hothtub; L-lakefront	# rooms	pets welcome	E-Engl; G-Ger; F-Fren; S-Span; I-Ital; D-Dutch	special features activities & more
Cariboo Bonanza Resort (250) 395-3766 Watson Rd, Horse Lake www.caribooBonanza.com	all year	\$85	P			L	2		E, G	Private entrance, lounge; archery course.
Fox Den B&B Guesthouse 8342 Watch Lake Rd, Watch Lake, 70 Mile House (250) 456-6016	all year	\$70-90	S				2	✓	E, G	Smoking permitted; wildlife viewing; activities nearby.
Graham Dunden Ranch Graham Dunden Rd, 70 Mile House (250) 395-0756	all year		P		✓		2		E, G, F	Rich European breakfast; trail rides & many other summer & winter activities.
Greenlees on the Lake www.bbcanada.com/3783.html 7186 Boulanger Rd, W. Sheridan Lake (250) 593-4171, 1-877-593-4171	all year	\$55-65	S		✓	L	4	✓	E	Walk down memory lane; years of collectibles; activities on the lake & on land.
Poolside Paradise B&B (250) 459-7990 405 Spruce Ave, Clinton www.PoolsideParadiseBB.com	all year	\$88-100	P		✓	P, H	3		E, ASL	Romantic, themed bedrooms; large indoor heated pool in tropical setting.
The Eagleshore at Horse Lake (250) 395-5224 6523 Horse Lake Rd, Horse Lake www.bbcanada.com/eagleshore	May-Oct	\$65	P		✓	L	2		E	Private suite w/ kitchen & sep. entrance; organic breakfast; rowboat rental.



VACATION HOMES

	season	waterfront	non smoking	min. night stay	family oriented	TV/VCR	D-daily; W-weekly M-monthly rate	capacity	# bedrooms	laundry facilities	pets welcome	F-Engl; G-Ger; F-Fren; S-Span; I-Ital; D-Dutch	special features activities & more
Edgewater on Kitwanga (250) 791-5439 4675 Kitwanga Dr, 108 Mile Ranch www.the-edgewater.net	all year	✓	✓		✓	✓	D, W, M	7	3	✓	✓	E	Log home on 108 Lake; situated on 8km trail with numerous outdoor activities nearby.
Emerald Bay Evergreen Chalet www.EBVacationhomes.com 3749 Emerald Crs, Lac La Hache (604) 519-4571, 1-888-519-9922	all year		✓	2	✓	✓	\$750/W \$150/D	8	2 +loft	✓		E	Lake access; built-in BBQ; priv. fenced yard, log playhouse; front & back sundeck; can sleep 3 more.
Emerald Bay Log Home www.EBVacationhomes.com 3749 Emerald Crs, Lac La Hache (604) 519-4571, 1-888-519-9922	all year		✓	2	✓	✓	\$1200/W \$225/D	8	4	✓		E	Lake access; hot tub, fire pit, BBQ, private fenced yard, private sun deck, satellite.
Sulphurous Lake Vacation Home 7558 Pettyjohn Rd, Sulphurous Lake (250) 395-1991	all year	✓		1 week	✓		\$450/W	4	2	✓	✓	E, G	Add. week \$350, 4. week free; relax in this cozy log home overlooking the lake; rental incl. boat & motor.

REAL ESTATE, LOG HOME & CONSTRUCTION INDUSTRY

	phone	toll-free	description of services
Log Dreams 100 Mile House www.log-dreams.com	(250) 395-3600	1-866-395-3606	Handcrafted log & timber framed homes.
Lone Butte Supply - TIMBR MART 400 Exeter Rd, 100 Mile House www.timbrmart.ca	(250) 395-3835	1-866-395-3835	Crane truck deliveries; all construction needs; estimates; Mon-Fri 8-5, Sat 8:30-5.
Stardeck Homes 2785 Komori Rd, 70 Mile House www.stardeck.com	(250) 456-2440		Custom modular & manufactured homes.
Superior Log Homes Industrial Flats Rd, 93 Mile Industrial Park www.superiorlog.com	(250) 791-5471	1-888-472-2316	Log home building of finest quality and customer satisfaction.
RE/MAX Country Lakes Realty 100 Mile House, Interlakes, Sheridan Lake www.remax-countrylakes.com	(250) 395-3422 (250) 593-0131 (250) 593-4820	1-800-731-2344 1-866-593-0131 1-888-593-4820	Real estate; residential, recreational, waterfront, acreage, commercial.
Royal LePage 100 Mile Realty 230 Hwy 97, 100 Mile House & Cariboo Mall www.100milerealty.com	(250) 395-3424	1-800-663-8426	Real estate; also kiosk in Cariboo Mall, Hwy 97 S., 100 Mile House

GUEST RANCHES & SPAS

	season	lakefront	# cabins	# suites/rooms	kitchenettes	# RV/campsites	shower/laundry	all inclusive packages (rates)	accommodation only (rates)	pets welcome	F-Engl; G-Ger; F-Fren; S-Span; I-Ital; D-Dutch	special features activities & more
Beaver Guest Ranch www.beaverguestranch.com 7471 Cariboo Chalet Rd., Deka Lake (250) 593-9303	all year			4			✓	\$130	\$50-80 incl. b/f		E, G	Package prices incl. activities; horseback riding all year, canoeing, x-country skiing, snowmobiling, ice fishing.
Crystal Waters Guest Ranch www.crystalwatersranch.com 7806 N. Bonaparte Rd, Bridge Lake (250)593-4252, 1-888-593-2252	May-Oct	✓	7			4	✓	\$120-168	✓	✓	E	Horseback riding, fishing, canoes/ kayaks; hot tub/sauna, all inclusive, meals; indoor riding arena.
Echo Valley Ranch & Spa www.evranch.com Jesmond, NW of Clinton 1-800-253-8831	Apr-Oct Xmas		4	16				✓	\$298-372		E, F, +	East meets west; soft adventures & world class spa; gourmet food; we speak Thai & Japanese.
Graham Dunden Ranch (250)395-0756 Graham Dunden Rd, 70 Mile House www.grahamdunderanch.com	all year			2			✓	✓	✓		E, G, F	Heritage guest house; horseback riding, wildlife viewing, biking, skating, snowshoeing & many other activities.
Moose Valley Guest Ranch (250)593-2189 Eagan Lake Rd, Bridge Lake www.moose-valley-ranch.com	all year	✓	2	1	✓		✓	\$145	\$60	✓	E, G	Secluded lake, log cabins; guided rides in small groups; snowmobiling, ATving, canoeing; fishing closeby.
Siwash Lake Ranch www.siwashlakeranch.com 36 km east of 70 Mile House (250) 395-6541	all year	✓		6				\$300-379			E, G	Luxurious world class hideaway w/ spectacular wilderness setting; outstanding horseback riding, ride on your own.
Spring Lake Ranch www.springlakeranch.com 5874 Spring Lake Rd, 100 Mile House (250) 791-5776, 1-877-791-5776	all year	✓	4	3	✓		✓	✓	\$75-120		E, G, F	Horseback riding, hay & sleighrides, canoeing; log cabins, meals; a natural paradise.
The Hills Health Ranch www.thehillshealthranch.com Hwy 97, 108 Mile Ranch (250) 791-5225, 1-800-668-2233	all year		20	26	✓	20	✓	✓	✓	✓	E, G	Fitness room, fitness classes, 16 room spa; 30 horses hayrides; winter ski area.

RETAIL & BUSINESS SERVICES

	phone / toll-free	hours / season	description of products & services
Centennial Law, Lawyers & Notaries 438 S. Birch Ave, 100 Mile House centenniallaw@bcinternet.net	(250) 395-3881	all year, Mon-Fri 8:30 am - 4:30 pm	Solid & effective legal services; purchase, sale & mortgaging of businesses & houses; wills, estates, estate planning; notarization of documents.
D/D Archery 6275 Gibson Rd, 100 Mile House d.darchery@telus.net	(250) 395-2862	all year, Tue-Sun 9 am - 6 pm	Archery & bowhunting sales & service; lessons; range & 32 bag target course; Obsidian art.
Moon Repairs 869 Alder Ave, 100 Mile House	(250) 395-8945	Mon-Fri 8:30 am - 5:30 pm	Automotive repairs, motors, undercarriage, brakes.
The 108 Mile Posthouse Heritage Site, 108 Mile Ranch posthouse@shaw.ca	(250) 791-0002 Cell (250) 395-6739	May-Oct: daily 10am - 5pm Nov-Apr: Tue - Sat 10am-5pm	Saddle & tack, home decorating, jewellery, art.

GALLERIES, ANTIQUES, ARTS & CRAFTS, UNIQUE SHOPS & BOUTIQUES

	phone / toll-free	hours / season	services, unique products
Cariboo Accents 205 D S. Birch Ave, 100 Mile House	(250) 395-1136	all year, Mon - Sat 9:30 am - 5:30 pm	Home décor, tanning beds, travel wear, gifts.
Cariboo Cabin Fever Crafts 7075 Watch Lake Rd, Lone Butte	(250) 395-5343	May - Sept long weekend: Thu, Fri, Sat 9:30 am - 4:30 pm; Thanksgiving	Hand made arts & crafts; souvenirs; many artisans & locally made goods.
Chris Harris Studio Gallery 5577 Backvalley Rd, 105 Mile www.chrisharris.com	(250) 791-6631 1-800-946-6622	May 15 - Sep 15: daily 10 - 5 Nov 15 - Jan 15: Thu - Sun 1 - 5	Photographic art gallery with gift shop; books, cards, prints, and other products.
Didi's Boutique Cariboo Mall, S. Cariboo Hwy, 97, 100 Mile House	(250) 395-6144 1-877-395-3434	Mon - Sat 9 am - 5:30 pm Fri till 9 pm	Women's & men's fashion clothing; MEXX, MAC + JAC, NINE-WEST; accessories.
The Rusty Latch 916 Alpine Ave, 99 Mile Hill, 100 Mile House www.rustylatch.com	(250) 395-3042	Mon - Fri 9 am - 5 pm Sat 10 am - 4 pm	Antiques & collectibles; rustic home décor; gifts from Provence, France.

ACTIVITIES

	phone / toll-free	hours / season	description of products & services
108 Resort & Conference 4816 Telqua Drive, 108 Mile Ranch www.108resort.com	(250) 791-5211 1-800-667-5233	Apr - Oct	18 hole PGA golf course; conference centre w/ seating for up to 250; trail rides, mountain bike rentals, canoe rentals; fitness centre.
83 Mile House Farm Equipment Museum 7988 Montessa Dr, Hwy. 97 at 83 Mile House n/a	(250) 395-3720	March - November call ahead December - February.	Horse drawn wagons, carriages, antiques, collectables; by donation only.
Alpaca Story Ranch 5587 Hwy. 24, Lone Butte www.alpacastoryranch.com	(250) 395-8898	10am - 4pm, every day	Alpaca garments, alpaca teddy bears, alpaca gifts, alpaca blankets; jewellery-hemp products; soaps & more.
Canim Lake Resort & Guide Outfitters 4454 Newall Rd, S. Canim Lake www.canim.com	(250) 397-2355 1-877-512-6660	all year	Guided fishing, sightseeing flights, floatplane base; outpost cabins, guided hunting.
Great Cariboo Ride Society Box 1025, 100 Mile House, BC, V0K 2E0 www.greatcaribooride.org	(250) 395-3120	Jul 24-31, 2005 Jul 30 - Aug 6, 2006 always ends on Aug lg. weekend.	Bring your horse for a 7day camping holiday in the beautiful Cariboo ; ride locations change each year; food & feed is provided..
Stillwater Angling Adventures #4 Eagle Creek, Canim-Hendrix Lake N. www.stillwateradventures.com	(250) 397-4121	May - Oct	All inclusive guided freshwater flyfishing; 1-7day packages; hiking, horseback, 4x4 fly-outs for Rainbow trout.
The Hills Health Ranch Hwy. 97 North, 108 Mile Ranch www.spabc.com	(250) 791-5225 1-800-668-2233	7am - 11pm 365 days/ year	Full service spa; hiking, biking, canoeing, horse back riding, hayrides, nearby golf; winter: tubing, x-country & downhill skiing, skating, snowboarding.
Trollheimen Weaving Studio 6545 Pressy Lake Rd, 70 Mile House www.trollheimenweaving.com	(250) 456-7622	All Year	Retreat and workshops in weaving, knitting & felting; Norwegian Krokbragd. Drop ins Welcome!
XH Buffalo Ranch 938 South Green Lake Rd, 70 Mile House www.xhbuffalaranch.com	(250) 456-2319	May - Oct	Buffalo viewing from a hay wagon. Take a trip back in time, when buffalo still roamed the North American prairies.

www.cariboobonanza.com



email: bonanza@bcinternet.net

- 11 Modern Cabins
- 1 Luxury Chalet
- 45 Full Hook-ups (15 & 30 amps)

EXCELLENT FISHING:

- Kokanee to 4lbs
- Rainbow Trout to 8lbs
- Lake Trout to 25lbs

- Cable TV in all cabins & RV sites (TV Rentals) • Showers
- Washroom & Laundry Facilities • Boat & Motor Rentals
- Canoes • Paddleboats • 3 D Archery Course (25 Shots) • Waterslide
- Playground • Gas • Grocery Store • Licenses • Bait • Tackle



Your Hosts: Bruno & Dora Sprecher



C2 Watson Road, RR#1
Lone Butte, BC, Canada, V0K 1X0

Ph: (250) 395-3766
Fax: (250) 395-3609

Visitors to the South Cariboo are well advised to “come and stay a spell” to fully enjoy this beautiful and diverse area. Driving northward on the ribbon of Highway 97 from historic Clinton to sweeping Lac La Hache, our guests might be oblivious to all the South Cariboo has to offer. What is the remedy? Just follow a few simple suggestions: Get off of the highway; Get out of the car; Take your time; and Try something new.

Every member of the family, no matter their age, can find something to

their liking. The ingredients for a wonderful summer adventure:

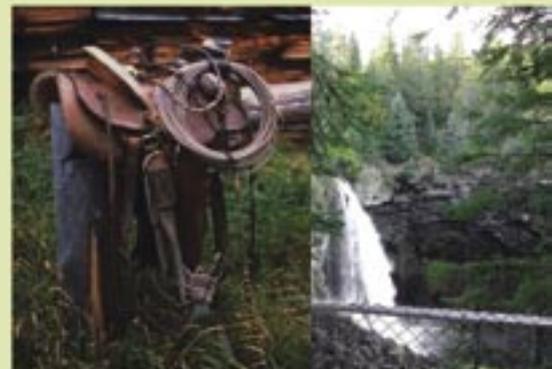
- Warm and sunny summer days.
- Lakes of every size and description.
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Summer in the South Cariboo...



eyes open! Wherever you go in the South Cariboo you may see an abundance of wildlife such as deer, moose, coyotes, fox, eagles, or bears.

If scenery is your passion, a camera or paintbrush your instrument, then the South Cariboo has something to inspire you. Mountain lovers will be well advised to make Clinton the centre of operations as the Marble Mountains offer vistas above the timberline, and dramatic cliffs and hoodoos loom over the rugged Fraser River Canyon. West of 100 Mile House, at the junction of the Fraser and the Chilcotin Rivers, are the grasslands of the Junction Sheep Range

and the home of the largest herd of California bighorn sheep on the continent. Birding begins downtown in 100 Mile House where Violet-green Swallows nest, Yellow-headed Blackbirds and Red-winged Blackbirds fly via the central migration route and offer an orchestra of sweet bird song on the 100 Mile Marsh and Ducks Unlimited Sanctuary. Almost every lake has resident loons, ducks, and other water birds. Who wouldn't want to get the most of your South Cariboo summer adventure? Get off the highway. Get out of your car. Come, stay a spell!

Written by Chuck Gedes

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Winter in the South Cariboo...

Spending a winter holiday in British Columbia can be an experience you will never forget. Chances are that wherever in the world you came from, you already knew that beautiful BC has the reputation of being a vacation destination par excellence throughout the year. But you chose to sample the thrills of the winter season. Nowhere else in the province is there a greater opportunity to choose from a long list of winter activities than in the Cariboo Region.

It is no accident that residents from other countries, known for their winter-sport opportunities, come to the South Cariboo to participate in and enjoy ours. Examples are the Cariboo Marathon and the BC championship for cross-country skiing. Both events are held on the well groomed trails just south of the village of 100 Mile House; usually during the month of February. Participants come from all over BC and from foreign countries such as the U.S., Norway, Germany and Switzerland. You do not have to be a pro to participate in the Marathon. In fact, you may set your own goal, be that 50, 30, 20 or 10 kilometres.

If the competitive aspect does not appeal to you, there are ample opportunities for great skiing, including

back-country skiing, on equally well groomed and track set trails nearby. The 100 Mile House trail system is extensive, while the trails around the 108 Mile Ranch measure 150 km. The 108 (one-O-eight), as it is referred to by the locals, is located approximately 15 km from 100 Mile House.

If your choice is down-hill skiing, you will have to travel a little further to Mount Timothy, north of Lac la Hache and some 35 km from 100 Mile House. You will find a ski hill that has an 850 foot drop. Both, learners of all ages and advanced skiers, are welcome. A snowboard park has been built to accommodate practitioners of this newly minted Olympic sport. A ride on a new three-seat chairlift takes skiers and snowboarders to a total of 32 ski runs. Bring your own equipment or rent it at the lodge. Not everyone comes to ski. How about trying your hand at ice-fishing?



Numerous lakes offer opportunities to fish through the ice. It is not uncommon to see little huts or shacks on the ice; pulled on to the lake by die-hard fishers intend on jigging in comfort. Challenge yourself and take part in one of the many ice fishing derbies, hosted by community groups.

For more winter fun you may wish to try any of the many different ways to travel through a winter wonderland. Options abound. If you are in the mood to have a tranquil experience of sliding through a frozen forest, where you may surprise a rabbit, pheasant, deer or moose, try snowshoeing. If on the other hand tranquility is far from your mind, while speed and the inevitable noise accompanying it, excite you, you may race through field and forest on a snowmobile. Rentals are available through out the area. Do not venture out on your own. Go with a buddy; for safety sake!

A more unique mode of travelling through the snow is travel by dogteam. You may engage an





experienced musher or you can be your own musher, in charge of a friendly team of huskies. Dogsled racing is a competitive sport. Each January the Jack Gawthorn Memorial Dog sled race is run at the 108 Ranch. Did you know that the word “mush” is a phonetic derivation from the French word “marche”, which was the command

used by the coureurs de bois, the early settlers in Eastern Canada, who used dog teams? Of increasing popularity is ski-joring, harnessed skiers being pulled by dogs.

And finally there are sleigh rides offered by the many resorts in the area to entertain their winter guests. In a crisp breeze at night a ride on a sleigh

can be an exhilarating experience. Comfort is guaranteed, because the wagons are filled with hay and woolen blankets. If you are lucky, there is a campfire at the end of the ride while drinks of hot chocolate are passed around.

Written by Gerard Mulders



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Art and Culture



The geographic features of the South Cariboo region of BC include vast stretches of rolling hills, alternating with forested areas. This renders the land ideal for keeping cattle. Thus the landscape is dotted with numerous cattle-ranches of both small and gigantic size, which have contributed to a life-style and culture that are typical of the area. This fact and the beauty of the natural environment have put a stamp on cultural and artistic expression.

It has also encouraged many artists to move here to build their studios and permanent homes. The village of 100 Mile House and surrounding areas constitute the major population centre of the region. Here you will find shops that carry the works produced by artists and artisans living locally and in the region.

The region's culture also incorporates aspects of aboriginal life-styles and the traditions and cultural manifestations of First Nations. Enjoy a 20 minute drive north-east of 100 Mile House to the Canim Lake First Nations' Cultural Centre. A visit there may be a rewarding experience and offers an opportunity to view and or purchase items designed and created by the Secwepemc First

Nations' artists. Each summer, dancers in breathtakingly beautiful traditional regalia, the time-honoured powwow is hosted by the Canim Lake First Nations and the District of 100 Mile House.

Artistic output in the region includes both the visual and the performing arts.

Many visual artists use as subject matter the natural scenery and wildlife and their interpretations of the



cowboy culture in the region. Others are inspired to express themselves in abstract images or sculptures. Painters use oil, acrylic or watercolour

to generate the settings and moods represented in their work. 3D carvers and sculptors produce their works in stone, wood or metal. 100 Mile House also has an active group of weavers and spinners, who produce unique creations.

All the various works can be found in local shops and in galleries throughout the larger Cariboo Region. Of particular interest are bronze sculptures replicating scenes and activities of cowboy life. Not to be forgotten are the books describing the history of ranching as well as contemporary life in the Cariboo.

In addition to the many pictures you will be tempted to take with your own camera, you may want to browse through an abundance of photographic material produced by professional photographers.

See the Calendar of Events for performing arts presentations, which are scheduled throughout the year. Performances include plays, dance, choral groups and presentations by individual musicians and singers. Their music genres span a wide spectrum from rock to classical. Cowboy poetry is a craft practiced by few, but admired by many on the rare occasion of a public reading.

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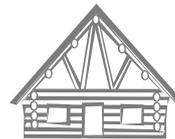
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Log Homes

The South Cariboo is well-known for its quality hand-crafted log buildings. It is no surprise then that 100 Mile House was recently designated the Hand-Crafted Log Home Capital of North America. Long before the official recognition, we in the South Cariboo have been celebrating this local trade. For over a century residents have used logs to build their structures. You will often see these historic buildings, long-forgotten, but still standing as tributes to pioneer character, will power and hard work. Today some of the biggest producers in North America operate here, where they can take advantage of direct access to high quality timber and a skilled workforce.

The first company to craft log buildings commercially started in the 1960s. As the natural beauty of log construction caught on, the industry has grown. Over the last forty years, more and more people from around the world are ordering their personally-designed and one-of-a-kind homes. Considerable progress has also occurred in the size and scale of building construction and in the detail and sophistication of construction techniques. From singular accents to complete architecture, unlimited options are available in structures



ranging from luxury homes to recreational cabins and from extravagant resorts to elegant churches.

Thirteen log home building companies operate in the South Cariboo, producing up to four hundred buildings per year. They are sent throughout the world - to North America, Asia, Europe and even Australia. The specially-harvested logs are selected from Engelmann spruce, Western red cedar, Douglas fir, and Lodgepole pine tree species. For a unique look, the blue-stained denim pine can also be used. Logs are then inspected, graded and stamped, before moving into the hands of the log-home builders themselves. Hand-crafted means that the logs are not milled, allowing the natural character of the wood to emerge. Logs are hand-picked, hand-peeled, and hand-scribed, before being carefully positioned and manually fitted for snugness. Because the size of building that can be constructed has no limit, cranes are used to hoist the large dense logs. After precise construction, the buildings are dismantled, transported to their final destination and then re-assembled on site.

The log home industry is important to the local economy. Very labour intensive, these year round companies employ a significant number of South Cariboo residents, as well as adding immense value to the timber harvested from local forests. The structures themselves are beautiful, practical and enduring. Symbolic of our natural surroundings, with unique character and comfort, the custom made, hand-crafted log home is like no other. It is with pride then, that we at the South Cariboo Visitor Info Centre invite you to visit us in our own cozy log building in the heart of 100 Mile House. When you visit, be sure to take advantage of different log accommodations for your own "log home" experience.

Written by Demian Pettman

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explore experience enjoy

Log home construction and mill tours can be arranged with some advanced notice through the Visitor Info Centre.

Exploring our Forests



There are not many places left in this world where you can go and sense nothing of the human endeavour. Imagine hearing only the sounds of wind whispering to evergreens, the squeak of rubbing trunks - perhaps the drumming of a grouse or a woodpecker's morse code, followed by the crack of a branch letting



you know that you are not alone. Yes, true wilderness can be found here in the South Cariboo. From moist cedar forests and wetland ecosystems to the arid plateau covered in pine and Douglas fir, from open grassland panoramas to high alpine vistas, we have an ample variety of landscapes to make every visit a memorable experience. As demonstrated by talented local artists, this area is perfect for wildlife and landscape photography or painting.

The forests you see now were originally managed by First Nations people, who practiced burning to clear underbrush and provide animal forage and berries. There is archaeological evidence of their habitation throughout the Cariboo region; and if you are very observant you may find a culturally-modified tree still standing as a testament to that era. The earliest tourists were white explorers and traders travelling through the BC interior. As the riches of this area were discovered, forests provided the foundation for development. Timbers were used to crib early pioneer trails - later evolving into main travel corridors for pioneers, gold seekers, and

explorers alike. Since the last century early settlers in the area built small sawmills; some of which were still operating in the 1970s. Lumber was used to construct roadhouses and homesteads and provided extra income when surplus was sold off. You can still visit the remains of the Stevenson Mill (erected in 1899) on Bridge Creek in Centennial Park in 100 Mile House. Not only are South Cariboo forests great places to explore and appreciate, but they also provide an economic foundation for the area. Forestry plays a major part in the livelihoods of many residents. Wood, as a natural resource, supports two lumber mills, as well as numerous hand-crafted log home building companies. The value-added products of door and window manufacturing, modular home building, and timber frame construction are complemented by the unique and beautiful creations of local artisans and craftspeople. Many wood-based businesses welcome visitors, offering tours and displays of their wares.

Local guides can take you to more remote areas; teaching you about native flora and fauna. If you wish to explore on your own, there are many trails in the area, including the self-guided Dry Belt and Wet Belt Tours. Strolling the trails of the 100 Mile House District Demonstration Forest, you will see not only natural and historical points of interest, but also different examples of forestry practices then and now.

Written by Demian Pettman

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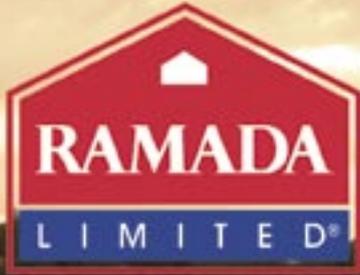


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- 100 Mile House - Centennial Park (hiking, biking)
- 100 Mile House - 100 Mile Marsh (birding)
- 108 Ranch - Heritage Site (sightseeing, guided tour)
- Clinton - Clinton Museum and walk about town (sightseeing)

Sample Activities for 2 hours:

- Hwy 97 - Begbie Summit (hiking)
- Watch Lake / Green Lake - Circle Tour (hiking or driving tour)
- 108 and Sepa Lakes 9.2 km perimeter trail (hiking, biking, horseback riding, snowmobiling, cross country skiing)

Sample Activities for 4 hours:

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